



## ***Distinctive Salads*** (all are gluten free without dressing)

*Group minimums of 6*

<u><b>CAESAR SALAD</b></u> - Delicious Creamy Caesar Salad with Croutons & Parmesan Cheese (dressed upon delivery)	3.70
<u><b>CALIFORNIA VITA VIM</b></u> -A wonderful combination of Mixed Greens, Vegetables, Nuts & Raisins served with housemade Citrus Vinaigrette on the side.	5.00
<u><b>TRI-COLOR ROTINI</b></u> - Combine <b>Black Forest Ham</b> , Cheddar & Vegetable Infused Pasta dressed with creamy cucumber and you have a Distinctive Salad	3.70
<u><b>TRI-COLOR ROTINI</b></u> - Combine <b>Broccoli Florets</b> , Cheddar Cheese cubes & Vegetable Infused Pasta dressed with creamy cucumber	3.70
<u><b>TOSSED GARDEN SALAD</b></u> - dressings on the side. A fresh mix of greens, red cabbage, green onions and assorted veggies	3.65
<u><b>CLASSIC SPINACH</b></u> - Spinach, Sliced Mushrooms, Egg, Red Onion & Real Bacon Bits. Need we Say More? Served with Golden Italian Dressing on the side	4.50
<u><b>TRADITIONAL SLAW</b></u> - Tangy and Delicious Cabbage & Carrot dressed to go	3.25
<u><b>APPLE SLAW</b></u> - A Sweet twist on an old favorite with apples & raisins	3.50
<u><b>THE GARDEN GREEK</b></u> - Peppers, Cucumbers, Romaine Lettuce, Tomato, & Onions dressed with Feta Cheese Kalamata Olives Oregano dressed with Red Wine Vinaigrette	4.50
<u><b>MANDARIN NUT</b></u> - Baby Spinach and Romaine Tossed with Grapes, Honey Roasted Almond & Mandarin Segments served with Raspberry Vinaigrette on the side	4.50
<u><b>SUNDRIED VEGETABLE MEDLEY</b></u> - Bite Size Seasonal Vegetables Marinated with Sundried Tomato Vinaigrette a Chef Favorite.	4.50
<u><b>MEXICAN CHIPOTLE</b></u> - Mixed Greens with Corn, Black Beans and Crispy Tortilla Chips & Shredded Cheddar served with Chipotle Ranch Dressing on the side.	4.35
<u><b>TRADITIONAL POTATO SALAD</b></u> - with Egg, Green Onion, Celery, Radish, Mayo and Mustard	4.25
<u><b>ORIENTAL SLAW</b></u> -Shredded Cabbage, Mixed Nuts & Chow Mein might sound unusual but served with our Sesame Soya Dressing it quickly becomes a favorite	3.70
<u><b>THAI NOODLE &amp; SHRIMP SALAD</b></u> - Dressed	4.65

*COLD QUINOA SALAD* - quinoa, green onions, grated carrots, celery, cherry tomatoes and diced peppers. Dressed with a herb and orange vinaigrette 5.00

*FRUIT SALAD* - cubed 3.95

## *Meal Salads - single serving*

*All meal salad served with dressing on the side and foccacia (min 4ea)*

*CLASSIC SPINACH & CHICKEN* - A Meal Sized Portion of Spinach, Mushrooms, Egg & Bacon. Grilled Chicken, Red Onion & Golden Italian Dressing. 9.55

*CHEF'S SALAD* - A Medley of Mixed Greens & Vegetables, Eggs, Ham & Bacon, Shredded Cheddar & Turkey with Ranch Dressing 9.55

*CHICKEN CAESAR* - A Jumbo serving of this classic topped with Grilled Chicken 9.55

*GARDEN CHICKEN* - A Generous Portion of Green Salad with Tomato & Cucumbers topped with Grilled Chicken. 9.55

*NEPTUNE VITA VIM* - A Hearty blend of Greens, Nuts & Raisins matched with a tangy Citrus Vinaigrette & Jumbo Poached Prawns(3). 10.00

*MEXICAN CHIPOTLE SALAD - BEEF OR CHICKEN* - Mixed Greens with Corn, Black Beans & Crispy Tortilla Chips Shredded Cheddar & Chipotle Ranch **(NOT gluten free)** 10.40

*CLASSIC SPINACH* - A Meal Sized Portion of Spinach, Mushrooms, Egg & Bacon, Red Onion & Golden Italian Dressing. 6.75

*MEXICAN CHIPOTLE SALAD* - Mixed Greens with Corn, Black Beans & Crispy Tortilla Chips Shredded Cheddar & Chipotle Ranch **(NOT gluten free)** 6.95

PRICES ARE SUBJECT TO CHANGE